



Hamilton Island GP Conference

2nd - 5 th May 2025



MEDICAL LEARNING
JOURNEYS

Nurturing GPs





The Hamilton Island Yacht Club is the stunning venue for Medical Learning Journeys' Inaugural Hamilton Island General Practice Conference.

We are so excited to welcome you to this beautiful slice of paradise. As GPs ourselves we understand the thankless dedication GPs give to their practice and patients. That is why we have designed a conference like no other! Primarily targeting your need to wind down and restore your energy levels, the ambience is unmatched. You will have the opportunity to earn CPD points while relaxing on beautiful Hamilton Island surrounded by the sights and sounds of this tropical paradise. Meet with your fellow GP superstars while drinking in the soul refreshing pleasure of island life.



You need not neglect the family either - bring them all with you as we have structured the timetable to give you plenty of free time to lounge by the pool or swim with turtles. Alternatively there are organised social events to explore Whitehaven Beach or play a round of Golf on neighbouring Dent Island, do some Yoga or a hike and have a delicious sunset dinners on the water or overlooking Catseye beach.



Most accomodation options allow you to use all of the resort pools and free non-motorised water sports . There are plenty of activities on Hamilton Island from hiking to All-Terrain vehicles to venturing further afield on fishing trips , jet boating or visiting nearby world famous Whitehaven beach by boat or helicopter. You can also organise trips to the Great Barrier Reef by seaplane, power cruiser or helicopter, or stay local and have a massage, learn to jetski, wakeboard or waterski.



Heart Reef

The **Hamilton Island App** is a great place to find all there is on offer - activities need to be booked early to avoid disappointment- (bookings open 6 months in advance) but Accommodation special rates need to be booked via our special link -

<http://www.hamiltonisland.com.au/conferences/gpconference>

Paradise with a side of CPD - You have earned this ! As Gps we talk about self care and mindfulness but do we walk the walk? Here is your chance to lock it in. We have done all the hard work to ensure that you meet your CPD obligations including Reviewing Performance and Measuring Outcomes hours . The conference will log 18.5 hours of CPD on your behalf and if you want to achieve the full RP and MO hours then complete the post conference questions and self audit to total 22.5 hours including 7hours of RP and 2 hours MO. All areas of CPD including culturally safe practice, health inequalities and professionalism and ethical practice are covered.

Conference Timetable - Ketch Room Hamilton Island Yacht Club *

Friday

1 pm - 5pm Session 1 : **Brains Matter - Neurology + Psychology**

Dr Julian Rodrigues

Neurologist

Headache + Migraine treatments

Deep Brain Stimulation for Parkinson's Disease.

Kirsten Shannon

Clinical Psychologist + Researcher

ADHD , Gambling Disorder

Health Anxiety and Burnout.

5-7pm

Sundowner

On the Flag Deck

Drinks and Finger food provided, to meet and greet with friends and colleagues.



Sundowner Yacht Club



Dent Island- Australia only Championship Golf course on its own island.

Saturday Session 2

7 am	Yoga class (Optional, booking essential)
8am -12pm	Trauma, Refugee Health and Travel Medicine
Dr Johanna Lynch	Past President ASPM, Author +Lecturer (Uni of QLD)
	Trauma informed Whole Person Care + Sense of Safety
Dr Philipp du Cros	MSF Dr, Public Health + Infectious Disease Physician
	Refugee Health, MSF lessons,
	Travel Medicine and TB awareness.
Optional	9 holes golf on Dent island with buggy + club hire + ferry

Sunday Session 3

8am -12pm

Paediatrics and Women's Health**Dr Todd Ladanchuk****Obstetrician and Urogynaecologist**

Chronic Pelvic Pain, Endometriosis

Carrier Screening, NIPT and Obstetric Emergencies

Dr Rachel Collins**General Paediatrician and Researcher**

Paediatric Update

Optional

Half day trip to Hill inlet and Whitehaven beach

Pool Terrace Dinner

Monday Session 4 + 5

8am - 12pm

Burns, Trauma + Analgesia

DR Priya Thalayasingam

Paediatric Anaesthetist , ALS Instructor

Mr Vij Vijayasekaran

Plastic Surgeon, OAM

Lessons from Bali bombings

Trauma, Burns

Hand Trauma , Suturing

Paediatric Analgesia

1-5pm

Medicolegal , Telemedicine, ATSI Health, Cardiac Care

Hon Margaret Sidis

Retired Judge + Dep Chair Medical Tribunal

Avoiding Medical Negligence

Mr Peter Tually

Telemedicine and Indigenous Health

Cardiologist TBA

CTCA Coronary Ca score screening

Heart Failure Management



CPD hours

22.5 hours of CPD are possible if post event reflection/ Audit is completed.

Including 13.5 hours Educational Activity , 7 hours Rp, 2 hrs MO.

Certification for the on- island time will be logged for you ,

You will need to log your own post conference reflection hours



Buggies -Most popular transport option

Transport

There are no private cars on the island. A conference bus is provided to transport delegates to the first session each day from Reef View Hotel, bookings are essential when registering. Delegates should arrange their own transport back to their accommodation. There are regular free shuttle buses around the island and many people hire a buggy for the duration of their stay to explore more widely. All areas on the island are within walking distance but it is hilly.

One Tree Hill is popular spot for cocktails at sunset.



Restaurants



Manta Ray Restaurant

Restaurants on Hamilton Island book out months in advance. It is recommended to use the Hamilton Island App to book restaurants and activities well before the conference to avoid disappointment.

Accommodation:

<http://www.hamiltonisland.com.au/conferences/gpconference>

Our link provides discounted accommodation for Conference Delegates at Reef View Hotel, Palm Bungalows, Beach Club and apartments managed by Hamilton Island Holiday Homes. The first 10 delegates to book at Reef View Hotel will get a Coral Sea upgrade. Reef View Hotel is very economical with 2 queen beds per room and kids stay

and eat free. In addition non motorised water sports such as catamaran, snorkelling equipment and stand-up paddle boards are provided complimentary if you book through these links or use Hamilton Island Holiday Homes via our Conference Accommodation Coordinator. Our Accommodation Coordinator will be happy to help you find

alternative accommodation to suit your taste and budget if you prefer a Private Holiday home and may be able to arrange a discount. It is essential that you use the link to book your accommodation



Reef View Hotel Queen Coral Sea Room

Investment:

Full Delegate Pass - \$1950 inc GST (save \$220)

Includes 4 days 5 sessions and Sundowner and bus transport to venue each day from Resort side Registrations close 1st April 2025 unless sold out prior

1 Session Pass - \$395 inc GST

Extra Sundowner Ticket - \$170

CPR 1.5 hours - \$125

Discount Rates on Full Delegate Pass only -

25% Off - \$1460 (save \$490) :

SuperEarly Bird - closes 6th December 2024

Group of 5 plus delegates

Students, Nurses and Allied Health (proof req)

15% Off - \$1650 (save \$300) :

Early Bird - closes 2nd February 2025

Group of 2-4 delegates booking together

(email organiser for Group code; events@medicallearningjourneys.com.au)

Inclusions

- All sessions (except CPR)
- Option of bus to conference each day from Reef View Hotel
- Sundowner ticket - inclusive drinks and finger food
- Fun / Quality Talks / Relaxation/ CPD points
- Afternoon Hike (Subject to availability)

Exclusions :

- Flights (book early for best deals)
- Accommodation (remember to use our link for discount)
- No Tax advice is given or implied
- Any Costs incurred if you have to cancel your flight or accommodation are your responsibility
- CPR + Optional Social Activities



Hardy Reef

Refund Policy :

Less than 30 days before conference starting- 100% cancellation fee

30-60 days- 50% cancellation fee or credit for next year

Over 60 days - Full refunds - \$100 Admin fee

Terms and Conditions and Privacy Policy are on our website

www.medicallearningjourneys.com.au

Please email if you wish to pay by direct deposit.



Catseye Beach Water Activities